



At. Shirgaon, Veer Sawarkar Road, Virar (E), Tal. Vasai, Dist. Palghar-401305, Maharashtra

Date of Report: 12th March 2024

Report of NSS Event "NSS RESIDENTIAL CAMP"

Date of event	02 nd March 2024 to 08 th March 2024
Time of event	8.30 am (02/03/2024) to 5.30 pm (08/03/2024)
Name of speaker (Designation	Mr. Jagdish Sansare Sir (Street play)
& Organization)	Miss. Aastha Meshram and Miss. Madhvi Pawar (Street
	play)
	Dr. Vedati Packiam (Health checkup and medical camp)
	Mr. Pratik Chavan Sir (Platelet donation seminar)
	Mr. Milind Patil Sir (Nashamukti seminar)
	Mr. Gajanan Patil Sir.(Food adulteration and consumer
	rights)
Contact no. of speaker	-
No. of Participant/ Students	50
present	
Venue	Makwana Farmhouse, Bhatane, Virar (E).

Event description:

This report consist of 16 pages.

The National Service Scheme (NSS) unit at VIVA Institute of Pharmacy and VIVA Institute of Technology jointly arranged a seven days special residential camp from 02nd March 2024 to 08th March 2024 at Makwana farmhouse, Usgaon, At post. Bhatane, Virar (E). Total of 50 NSS volunteers along with 2 NSS senior volunteers, NSS PO and female faculty accompanied the camp from pharmacy. The camp was conducted successfully with learnings every day to volunteers, healthy food and no medical issues.

Following seminars were conducted during camp:

- 1. Seminar on "How to perform street play" by Mr. Jagdish Sansare sir.
- 2. Training of volunteers on "How to conduct medical health checkup camps' by Dr. Vedati Packiam
- 3. Seminar on "Food adulteration and Consumer rights" by Mr. Gajanan Patil Sir.
- 4. Seminar on "Awareness on platelet donation" by Mr. Pratik Chavan sir
- 5. Seminar on "Deaddiction/ Vyasnmukti/ Nashamukti' by Mr. Milind Patil Sir.

The details of activities conducted during each day in the seven days of camp are described further as follows:



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Day 1 (02/03/2024)

Day 1 of the camp started by gathering of volunteers at 8.30 am to college campus. The baggages of the volunteers were checked for packaged foods, addictive substances and any other items that would affect the integrity and respect of NSS camp. Post checking activity, volunteers departed for camp in bus at 10.00 am and reached the destination i.e, Makwana Farmhouse, Bhatane at 10.45 am. After reaching to camp site, volunteers were gathered in assembly area and detailed directions and information about the camp and activities to be conducted in camp was given to volunteers, Camp rules and regulations were explained to volunteers and consequences of defaulting the rules were also explained. Two separate apartment arrangement were made at camp site for male and female volunteers and same were directed to volunteers. At around 11.45 am mobile phones of volunteers were collected and volunteers were asked to settle in respective premises after cleaning the premises and have lunch which they had carried along with them from home. After the lunch at 2.00 pm volunteers were asked to gather in assembly hall for inauguration of the camp. The Inauguration of the camp was done by Bhau kaka (Senior citizen of the village). Post inauguration ice-breaking and team building activity. Three teams were prepared viz, Kitchen team, Cleaning team and Street play team which were swapped on daily basis upto seven days. After team formation, kitchen team proceeded for making high tea and dinner planning. High tea was served at 5.30 pm by the kitchen team. After high tea a session was conducted by POs Mr. Sushil Mishra and Mr. Aakash B. Makwana, where both explained the basics of NSS diary to the volunteers and volunteers were asked to sung NSS lakshya geet and also to fill NSS diary regularly upto seven days. Post this day review meeting was conducted and dinner was served by kitchen team at around 8.30 pm which completed by 9.30 pm. At 9.30 am next day's planning was explained to volunteers and were asked to reach sharp at 6.00 am to assembly hall for yoga and PT sessions. With this instructions day 1 concluded and lights were off by 10.00 pm.





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Day 1 (02/03/2024) PHOTOS













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Day 2 (03/03/2024)

Day start: 6.00 am

2nd day started at 6.00 am with yoga session and PT sessions for cleaning and street play teams. Yoga session was taken by Miss. Akshita Patankar and PT session was taken by Master. Mohit Patil. Meanwhile kitchen team was undergoing preparations for breakfast. After completion of yoga and PT session volunteers went for jogging and returned back at 7.45 am-8.00 am. Kitchen team served breakfast at 8.00 am which completed around 9.00 am. After completion of breakfast, cleaning team was asked to clean the assembly hall and street play team was given time for personal hygiene from 9.00 am to 10.00 am. From 10.00 am to 10.45 am personal hygiene time was allotted to cleaning team and simultaneously street play team started preparation for street play session which was planned to start at 11.15 am. Speaker for street play session Mr. Jagdish Sansare sir along with Miss. Aastha Meshram and Miss. Madhvi Pawar arrived camp site at 11.00 am. Hospitality of the guests was done by volunteers of kitchen team by serving tea. The session on street play was started as 11.30 am and concluded at 2.00 pm. The session was very informative, full of fun & enjoyment. All volunteers enjoyed the session and were excited to perform street play. After session lunch was served for the guests, female faculties and volunteers from 2.00 pm to 3.30 pm. Post lunch cleaning team was allotted with rest time of 30 minutes and thereafter cleaning team was asked to clean complete campus along with preparation of soak pits for meal leftover disposal. Meanwhile street play team was asked to prepare and practice for street play to be conducted in adopted village. At 4.45 pm high tea was served by kitchen team and then with full enthusiasm and excitement street play team went to adopted villages Navsai and Talachya pada for performing street play on importance of voting and participation in election through vote. Some members of cleaning team accompanied street play team for crows gathering. Street play team returned back to camp site at 6.45 pm. Thereafter street play team, cleaning team along with some members of kitchen team started with cultural event in which participant sung folk music using instruments. At 8.00 pm dinner was served by kitchen team which completed at round 9.00 pm. Post completion of dinner review meeting was conducted and next day planning was done. At 9.30 pm mobile phones were distributed to volunteers for 15 mins to have communication with parents. After collecting mobile phones back and cleaning of complete kitchen along with kitchen utensils day concluded with lights off 10.20 pm.





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Day 2 (03/03/2024) PHOTOS











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Day 3 (04/03/2024)

Day start: 6.00 am

3rd day started at 6.00 am with yoga session and PT sessions for cleaning and street play teams. Yoga session was taken by Miss. Akshita Patankar and PT session was taken by Master. Mohit Patil. Meanwhile kitchen team was undergoing preparations for breakfast. After completion of yoga and PT session volunteers went for jogging and returned back at 7.45 am-8.00 am. Kitchen team served breakfast at 8.00 am which completed around 9.00 am. Street play and cleaning team was given time of personal hygiene from 9.00 am to 10.00 am. At 9.00 am Dr. Vedati Packiam and her team from health concept arrived as campsite. Hospitality of the guests was done by volunteers of kitchen team by serving tea and breakfast. At 10.00 am session on ayurvedic and homeopathic medicine medical training started for volunteers which continued upto 11.00 am. At 11.00 am teams along with Dr. Vedati Packiam departed for the village Talachya pada for conducting health checkup camp. Volunteers were divided into teams at village for performing checkup and inviting villagers to perform health checkup free of cost. Health checkup camp concluded at 12.00 noon with total count of 50+ villagers participated for checkup. The team returned back at 1.00 pm to camp site had rest and then proceeded for lunch. After completion of lunch at 2.30 pm the guest went off and volunteer's team departed for Navsai village for distribution of free AYUSH medicines as trained by Dr. Vedati Packiam. While conducting free distribution of medicines volunteers also performed street play on importance of maintaining good health. Cleaning team performed cleaning of the campus upto 5.30 pm. At 5.30 pm street play team returned back from village. High tea was served at 5.30 pm and post that cultural event was started. Total of 5 participation were received for the cultural event. Volunteers played street play on election and voting, there was solo performance of speech on Netaji Subhash Chandra Bose, Sung patriotic song, NSS geet and at lastly performed folk dance Tarpa. At 7.30 pm dinner was served by kitchen team which completed at round 9.00 pm. Post completion of dinner review meeting was conducted and next day planning was done. At 9.30 pm mobile phones were distributed to volunteers for 15 mins to have communication with parents. After collecting mobile phones back and cleaning of complete kitchen along with kitchen utensils day concluded with lights off 10.00 pm.





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Day 3 (04/03/2024) PHOTOS











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Day 4 (05/03/2024)

Day start: 6.00 am

4th day started at 6.00 am with yoga session and PT sessions for cleaning and street play teams. Yoga session was taken by Miss. Akshita Patankar and PT session was taken by Master. Mohit Patil. Meanwhile kitchen team was undergoing preparations for breakfast. After completion of yoga and PT session volunteers went for jogging and returned back at 7.45 am-8.00 am. Kitchen team served breakfast at 8.00 am which completed around 9.00 am. Street play and cleaning team was given time of personal hygiene from 9.00 am to 10.30 am. At 10.30 am speaker for the day, Mr. Gajanan Patil arrived as the camp site. Hospitality of the guest was done by volunteers of kitchen team by serving tea. At 11.00 am session on food adulteration and consumer rights started which was concluded at 1.00 pm. At 1.00 pm lunch was served and completed at 2.00 pm. After lunch all three teams were made to assemble in assembly hall and voter awareness programme was conducted by both POs through drawing competition, essay competition, poetry competition, slogan competition and debate competition. Volunteers actively participated in all events and program concluded at 5.00 pm. At 5.00 pm kitechn team served high tea and post that at 5.30 pm street play team and cleaning team were divided into two teams and departed for rally on voter awareness and conduction of street play at Navsai and Talachya pada. Both teams returned back to camp site at 7.00 pm had rest and then serving of dinner started at 7.30 pm. Post completion of dinner at 9.00 pm review meeting was conducted and next day planning was done. At 9.30 pm mobile phones were distributed to volunteers for 15 mins to have communication with parents. After collecting mobile phones back and cleaning of complete kitchen along with kitchen utensils day concluded with lights off 10.00 pm.





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Day 4 (05/03/2024) PHOTOS











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Day 5 (06/03/2024)

Day start: 6.00 am

5th day started at 6.00 am with yoga session and PT sessions for cleaning and street play teams. Yoga session was taken by Miss. Akshita Patankar and PT session was taken by Master. Mohit Patil. Meanwhile kitchen team was undergoing preparations for breakfast. After completion of yoga and PT session volunteers went for jogging and returned back at 7.45 am-8.00 am. Kitchen team served breakfast at 8.00 am which completed around 9.00 am. Street play and cleaning team was given time of personal hygiene from 9.00 am to 10.30 am. At 10.30 am speaker for the day, Mr. Pratik Chavan arrived as the camp site. Hospitality of the guest was done by volunteers of kitchen team by serving tea. At 11.00 am session on Awareness on platelet donation started which was concluded at 1.00 pm. At 1.00 pm lunch was served and completed at 2.00 pm. After lunch street play team was made to assemble in assembly hall and cleaning team was asked to perform indoor cleaning of the premises. Street play team was given theme of swachata abhiyan for performing street play. At 5.00 pm stretplay team and cleaning team visited Navsai and Talachya pada for performing street play on swachata abhiyan and also distributed paper bags to local vegetable and grocery vendors. Both teams returned back to camp site at 7.00 pm had rest and then serving of dinner started at 7.30 pm. Post completion of dinner at 9.00 pm review meeting was conducted and next day planning was done. At 9.30 pm mobile phones were distributed to volunteers for 15 mins to have communication with parents. After collecting mobile phones back and cleaning of complete kitchen along with kitchen utensils day concluded with lights off 10.00 pm.





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Day 5 (06/03/2024) PHOTOS











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Day 6 (07/03/2024)

Day start: 6.00 am

6th day started at 6.00 am with yoga session and PT sessions for cleaning and street play teams. Yoga session was taken by Miss. Akshita Patankar and PT session was taken by Master. Mohit Patil. Meanwhile kitchen team was undergoing preparations for breakfast. After completion of yoga and PT session volunteers went for jogging and returned back at 7.45 am-8.00 am. Kitchen team served breakfast at 8.00 am which completed around 9.00 am. Street play and cleaning team was given time of personal hygiene from 9.00 am to 10.30 am. At 10.30 am volunteers visited zilla parishad school of Bhatane and Talachya pada for taking session on computer education to students of ZP zchool and also played various games and provided gifts to the students as a token of love and gratitude. Volunteers returned back to camp site at 12.30 noon and then proceeded for lunch at 12.45 pm. Lunch concluded at 2.00 pm. At 1.30 pm speaker for the day, Mr. Milind Patil arrived as the camp site. Hospitality of the guest was done by volunteers of kitchen team by serving lunch. At 2.00 pm session on Vyasanmukti/Deaddiction started which was concluded at 4.30 pm. At 4.30 pm high tea was served. At 5.00 pm streetplay team, cleaning team and some members of kitchen team visited orphanage at Talachya pada for donation of books and stationary to the children of orphanage and also played games with children of orphanage. Both teams returned back to camp site at 7.00 pm had rest and then serving of dinner started at 7.30 pm. Post completion of dinner at 9.00 pm review meeting was conducted and next day planning was done. At 9.30 pm mobile phones were distributed to volunteers for 15 mins to have communication with parents. After collecting mobile phones back and cleaning of complete kitchen along with kitchen utensils day, camp fire was organized where all three teams participated by singing patriotic songs and the concluded with lights off 11.30 pm.





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Day 6 (07/03/2024) PHOTOS











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Day 7 (08/03/2024)

Day start: 6.00 am

7th day started at 6.00 am with yoga session and PT sessions for cleaning and street play teams. Yoga session was taken by Miss. Akshita Patankar and PT session was taken by Master. Mohit Patil. Meanwhile kitchen team was undergoing preparations for breakfast. After completion of yoga and PT session volunteers went for jogging and returned back at 7.45 am-8.00 am. Kitchen team served breakfast at 8.00 am which completed around 9.00 am. Street play and cleaning team was given time of personal hygiene from 9.00 am to 10.30 am. At 10.30 am male volunteers visited brick workers for cloth donation and female volunteers visited villagers home for sanitary pad distribution on occasion of women's days. Also female volunteer's educated female villagers on importance of maintain hygienic practices and usage of sanitary pads. Both male and female volunteers returned back to camp site at 12.00 noon. After that lunch was served at 12.00 noon which concluded at 1.00 pm. After lunch, review cum conclusion meeting was conducted and then volunteers were asked to pack their baggage's and be ready for departure from the camp at 3.30pm. Bus and goods carrier arrived at 3.15 pm, volunteers loaded the goods carrier with the utensils and goods of camp that was to be carried college. Thereafter thorough check of complete camp site was performed for leftover belongings of volunteers if any and cleanliness of the camp. Volunteers started occupying the bus at 4.00 pm and bus reached to Virar (E) railway station at 5.15 pm. All volunteers reached home safely. With this camp concluded with lots of learning for all and positive memories for all NSS volunteers.





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Day 7 (08/03/2024) PHOTOS











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Expression of Gratitude from the National Service Scheme (NSS) Unit

The National Service Scheme (NSS) Unit of our institute is profoundly grateful and wishes to express our sincere thanks to the esteemed individuals and groups whose invaluable support and contributions have been pivotal to the successful organization and execution of our recent camp.

We are especially thankful to our Secretary, Management team, and Principal for their unwavering support and provision of essential resources and infrastructure. Their leadership and vision have been the cornerstone of our success.

Our gratitude extends to the Heads of Departments (HODs), the NSS District Coordinator, and the NSS Area Coordinator, whose guidance and seamless coordination with the local villagers ensured the smooth operation of our camp activities.

A special word of thanks goes to Mr. Nilesh Jadhav for his relentless dedication and efforts. His continuous coordination before, during, and after the camp was instrumental in ensuring its success.

We are also thankful to Mr. Salvi, whose expertise in handling all the electrical and plumbing work ensured the smooth functioning of the camp's infrastructure.

Our appreciation is also directed towards Mr. Vaibhav Patil and the local villagers, whose support and cooperation throughout the camp were invaluable.

We must also acknowledge the teaching and non-teaching staff who visited the campsite, providing motivation, guidance, and support to our NSS volunteers. Your presence was a source of inspiration and encouragement for all of us.

The collective efforts and contributions of everyone involved have not only contributed to the successful conduct of the camp but have also significantly enriched the experiences of our NSS volunteers. We are deeply grateful for your support and look forward to your continued partnership in our future endeavors.

Event Co-ordinator/Incharge

Principal VIVA INSTITUTE OF PHARMACY

Dr. Sunita Ogale Principal

NSS SPECIAL RESIDENTIAL CAMP: 02/03/2024 to 08/03/2024